# **Blueberry Muffins**

#### **Ingredients:**

- 1 cup sugar
- 1/2 cup butter, softened
- 2 eggs
- 2 tablespoons vegetable oil
- 1 cup sour cream
- 1/2 cup milk
- 1 teaspoon lemon juice
- 3 cups flour
- 1 tablespoon baking powder
- 1/2 teaspoon baking soda
- 3⁄4 teaspoon salt
- 1 cup fresh blueberries



#### **Directions**:

- 1. Preheat oven to 375 F. Grease muffin tins with spray oil.
- 2. Beat butter and sugar in a your KitchenAid Mixer until light and fluffy.
- 3. Stir in eggs until well mixed.
- 4. Add vegetable oil, stir to combine.
- 5. Stir in sour cream, milk, and lemon juice into butter mixture until smooth.
- 6. Whisk flour, baking powder, baking soda and salt in a smaller bowl.
- 7. Slowly add the flour mixture into the butter mixture until combined. Add remaining half of flour mixture and blueberries into the batter, folding together until combined.
- 8. Spoon batter into prepared muffin cups.
- Place muffin cups on center rack of the preheated oven and bake until tops are golden and a toothpick inserted into the center of a muffin comes out clean, 25-30 minutes.

# **Apple Muffins**

## **Ingredients:**

- 2 cups flour
- 1/2 cups sugar
- 1 tablespoon baking powder
- 1⁄2 teaspoon salt
- 3⁄4 cup apple juice
- 1/2 cup vegetable oil
- 1 egg
- 1 teaspoon cinnamon
- 1 cup apples, peeled, cored and finely diced



## **Directions:**

- 1. Preheat oven to 400 degrees F. Grease only the bottoms of a muffin tin.
- 2. In a medium bowl, combine flour, sugar, baking powder, cinnamon, and salt; mix well.
- 3. In a your KitchenAid Mixer, combine apple juice, oil, and egg; blend well.
- 4. Add flour mixture to KitchenAid mixture all at once; stir just until dry ingredients are moistened (batter will be lumpy).
- 5. Stir in chopped apples.
- 6. Fill muffin tin cups 2/3 full.
- 7. Bake for 18 to 22 minutes or until toothpick inserted in center comes out clean.
- 8. Cool 1 minute before removing from the pan.

# **Banana Crumb Muffins**

#### **Ingredients:**

- 1 1⁄2 cups flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 1/3 cup butter melted
- 2 large bananas mashed
- 1 egg
- Crumble Topping:
  - $\circ$  1 tablespoon butter
  - 3⁄4 cup sugar
  - $\circ$  1/3 cup packed brown sugar
  - $\circ \quad \text{2 tablespoons flour} \\$
  - 1⁄4 teaspoon cinnamon

### **Directions:**

- 1. Preheat oven to 375 degrees F. Lightly grease muffin tin.
- 2. In a large bowl, mix together 1 1/2 cups flour, baking soda, baking powder and salt.
- 3. In your KitchenAid Mixer, beat together bananas, sugar, egg and melted butter.
- 4. Stir the banana mixture into the flour mixture just until moistened.
- 5. Spoon batter into prepared muffin cups.
- 6. Prepare the topping. In a small bowl, mix together brown sugar, 2 tablespoons flour and cinnamon.
- 7. Cut-in 1 tablespoon butter until mixture resembles coarse cornmeal.
- 8. Sprinkle topping over muffins.
- 9. Bake in preheated oven for 18 to 20 minutes, or until a toothpick inserted into center comes out clean.

